


THE SPA

artotel
LONDON HOXTON

A photograph of a modern spa interior. In the foreground, a swimming pool with a glass edge and metal handrails is visible. The walls and ceiling are illuminated with warm, orange-toned lights, creating a serene atmosphere. In the background, there are lounge chairs and a potted plant.

Refresh mind, body and spirit in the serene, luxurious environment of The Spa at art'otel London Hoxton. Located in Shoreditch, The Spa is a sanctuary where you can escape the hustle and bustle of the city, restore your equilibrium and achieve mindful wellbeing.

At The Spa we offer guests an exceptional wellness experience, combining state-of-the-art facilities, cutting-edge technology, groundbreaking science and ancient holistic therapies. Focusing on the four pillars of wellness (Focus, Sleep, Movement and Environment), our expert practitioners deliver a range of treatments in collaboration with a carefully chosen selection of luxury brands.

SERENITY IN THE CITY



PILLARS OF URBAN WELLNESS

In our fast-paced modern world, it's vital to make time to reset your mind, recharge your body and protect your wellbeing. The perfect solution to balance busy city living with relaxation and headspace, our spa treatments are inspired by the four pillars of wellness: Focus, Sleep, Movement and Environment.



Focus

From technology to work and social commitments, we're facing an ever-increasing number of distractions in our lives. The ability to focus is a skill many of us need to re-learn to feel present and make the most every day.



Sleep

A good night's sleep is essential to our health and wellbeing. For many of us the quality of our sleep is being degraded daily by irregular and hectic lifestyles, not to mention digital content and socials which make constant demands on our attention.



Movement

As our understanding of wellness develops, one thing is becoming crystal clear: we need to be actively involved in our own wellbeing. That means stimulating our body's natural defences through physical activity and movement.



Environment

Whether it's how our surroundings impact our health (think pollution in an urban setting) or how we impact the health of the planet with our consumption and behaviours, environment and wellness go hand in hand.



FACILITIES

Indulge in the ultimate experience to rejuvenate and reinvigorate your body and spirit. Designed with vision, care and attention to detail, our deluxe spa facilities provide smart, stylish spaces to enjoy revitalising relaxation and sensory healing.

Indoor pool

Experience the time-honoured power of water to make you feel relaxed and refreshed. Our heated 12m pool is the perfect place to soothe away your stresses and experience a restorative sense of calm.

Sauna

The amazing health benefits of taking a sauna have been appreciated for centuries. Feel the soothing heat melt away your stresses and detox your body, while you simply lie back, relax and enjoy some well-earned quiet time.

Steam room

Refresh your system and clear your head in our sensuous steam room. Take some time to totally decompress as you feel the warmth relaxing your tired muscles and breathe in the cleansing, energising vapours.



OUR BRANDS



Natura Bissé
Barcelona

Natura Bissé blends innovation, pioneering technology and high concentrations of active ingredients with deep emotional sensitivity and the power of touch. They understand the power of touch as a way of connecting with you. It is much more than just physical contact. Touch is about listening, understanding and empathy.

PROVERB
LIFE FUELLED SKINCARE

PROVERB is for people who take their health, performance and the environment seriously. They create natural and organic products that are better for human health and performance, the planet and its people. They're passionate about helping you feel, think and look better, so you can

make the most out of every day. PROVERB take the understanding and efficacy of elite sports nutrition and apply it to your skin. They harness clean, active, natural and organic ingredients, such as proteins, antioxidants and enzymes, formulated from lab-proven results.





TREATMENTS

MASSAGES



Decompress

Unwind with a relaxing massage, using Natura Bissé products, that eases tension, improves circulation and promotes deep relaxation. Choose between de-stressing lavender oil or detoxifying seaweed and chia oil, both enriched with nourishing sunflower, grapeseed oils, and vitamin E for revitalised skin and a peaceful mind.

30 minutes **£70** / 60 minutes **£140** / 90 minutes **£175**



Revive & Rest

A full body massage using the PROVERB range for when you know you need to sleep, relax and be drifted away. Calm the nervous system and soothe your muscles leaving you rested.

30 minutes **£65** / 60 minutes **£120** / 90 minutes **£165**



Stretch & Align

Focusing on removing tension and ironing away stress in the entire body, this massage combining stretching techniques will revive tired and tight muscles, mobilise joints and increase your range of movement.

60 minutes **£130** / 90 minutes **£190**



Energise & Recharge

A personalised aromatic massage using Natura Bissé range, including a sea salt and olive seed scrub that leaves mind, body and skin feeling totally restored.

90 minutes **£210**



Bump & Body Treatment

Indulge in a soothing and rejuvenating treatment designed specifically for expecting mothers. This pampering session focuses on nourishing your bump, reducing the appearance of stretch marks and relieving tension throughout your body, promoting relaxation and comfort.

90 minutes **£150**



Beauty Beyond Cancer

A nurturing massage designed for those who have triumphed over cancer, designed to soothe, hydrate and revitalise your skin, using Natura Bissé Ceutical collection. Celebrate your resilience with a treatment that leaves you glowing and refreshed.

60 minutes **£130**

FACIALS



Collagen Boost facial

Experience the ultimate collagen-boosting facial, designed to enhance skin elasticity, firmness and radiance. This facial not only revitalises your skin but also improves texture and reduces the appearance of fine lines, leaving you with a smooth, glowing complexion.

60 minutes **£160**



Anti pollution facial

Revitalise and protect your skin with our Anti-Pollution Facial, powered by PROVERB's natural skincare. This detoxifying treatment deeply cleanses, exfoliates and nourishes the skin, combating the effects of urban pollution. Infused with antioxidants and hydrating ingredients, it leaves your complexion purified, radiant and shielded from environmental stressors.

60 minutes **£120**



Diamond Energy Facial

Using Diamond collection from Natura Bissé, this facial treatment seeks to provide your skin cells with energy, revealing a revived skin and sculpted contours with unique lifting massage techniques and the use of Gua Sha.

60 minutes **£140** / 90 minutes **£210**



HIIT Facial

Keep your jaws lifted, face plump, fine lines ironed and muscles strengthened with this high-performance skin workout, full of proteins and antioxidants.

60 minutes **£130**



Bump & Glow Facial

A gentle and nourishing facial designed specifically for expecting mothers. This treatment soothes and hydrates the skin, addressing common pregnancy concerns while leaving you with a radiant, healthy glow.

60 minutes **£130**



Beauty Beyond Cancer

A nurturing facial designed for those who have triumphed over cancer, designed to soothe, hydrate and revitalise your skin, using Natura Bissé Ceutical collection. Celebrate your resilience with a treatment that leaves you glowing and refreshed.

60 minutes **£120**



EXPRESS TREATMENTS

LED Express Facial

A treatment that uses Dermalux targeted light therapy to boost skin health, reduce inflammation and promote a radiant complexion in a quick, effective session.

30 minutes **£50**

Vitality Hair Booster

A revitalising treatment that uses Dermalux light therapy to stimulate hair follicles, promoting healthier, stronger and more vibrant hair growth.

30 minutes **£40**

Collagen Boost Facial

Experience a collagen-boosting facial that enhances elasticity, firmness, and radiance, while improving texture and reducing fine lines for a smooth, glowing complexion.

30 minutes **£80**

Facial Peel

A rejuvenating treatment that exfoliates the skin, removing dead cells to reveal a smoother, brighter complexion and promote cell renewal.

30 minutes **£30**

HIIT Facial

Our express version of the HIIT Facial delivers an instant glow, providing your skin with a concentrated boost of proteins and antioxidants for a quick, revitalising workout.

30 minutes **£80**

Head & Shoulders

Reach deep relaxation on our bespoke glass room and let our therapists guide you into a blissful state. It's especially beneficial for insomnia and migraines.

15 minutes **£25** / 30 minutes **£50**

Himalayan Salt Foot Ritual

A therapeutic treatment to release tension and stress, improve mobility and re-energise your legs. A mix of stretching techniques and heat therapy using Himalayan salt stones to improve circulation and promote a sense of calmness and deep relaxation.

30 minutes **£60**

Add-on treatments

15 minutes

Cryotherapy **£20**

Rose quartz eyes **£20**

Hydrating Sheet Mask **£15**

Microcurrent **£25**





SIGNATURE TREATMENTS



Dreamscape

Escape into relaxation with our Dreamscape treatment. Enjoy a soothing 1-hour Decompress Massage to melt away tension, followed by a 30-minute Collagen Boost Facial to rejuvenate and refresh your skin.

1 hour 30 minutes **£220**



Renewal Journey

Embark on the Renewal Journey, a rejuvenating experience designed to restore both body and mind. This luxurious treatment begins with the Energising & Recharge Massage, relieving tension and revitalising your energy. It's followed by the Diamond Energy Facial, which illuminates your skin, leaving you refreshed and glowing.

2 hours 30 minutes **£350**



Revive & Refresh

The Revive & Refresh treatment is your perfect escape for total renewal. Begin with the Revive & Rest Massage to release stress and tension, followed by an Anti-pollution Facial to cleanse, detoxify and leave your skin feeling fresh and radiant.

2 hours **£240**



HIIT & Heal

The HIIT & Heal treatment combines the best of recovery and radiance. Start with a Stretch & Align session to improve flexibility and balance, followed by a HIIT Facial designed to refresh and energise your skin.

1 hour 30 minutes **£210**





WELLNESS EXPERIENCES

The Spa Retreat

Unwind in pure serenity with our Spa Retreat experience. Begin with an hour of relaxation in our tranquil ground area, where you can reset and recharge. Then enjoy a 30-minute express treatment tailored to refresh and revive. Complete your journey with a specially crafted drinks ritual and a delightful chef's treat—perfect for indulging your senses. **£220**

Indulge body and soul

Reawaken your senses with our Indulge Body and Soul retreat. Begin with an hour in our calming spa ground area, easing into pure relaxation. Then, refresh with our Energising & Recharge treatment - a 90-minute revitalising journey for mind and body. Complete your experience with a special lunch at The Brush Grand Café. **£310**

Sensory voyage

Embark on a blissful journey with our Sensory Voyage experience. Begin with a serene hour in our spa ground area, setting the tone for deep relaxation. Then, unwind with a 90-minute full-body massage, designed to release tension and rejuvenate your spirit. Complete your retreat with a delicious brunch at The Brush Grand Café. **£250**



Soulful Pairing Private Spa suite for 2

Contemplate and unwind in the decadence of your private suite with someone special. Begin with a healing ritual and relaxation time, followed by our SPA experience, a massage and facial treatment. Includes a one course lunch with a glass of Champagne. **£750**

Movement

Restore, align, and energise with our Movement experience. Begin with a 1-hour Stretch & Align Massage to release tension and enhance flexibility, followed by Pressotherapy for muscle recovery and rejuvenation. Enjoy exclusive access to our tranquil spa ground area and refuel with a balanced, nutritional meal and a revitalising protein smoothie - crafted to power up your body and mind. **£290**



GROUP BOOKINGS

Elevate your group's spa experience with our exclusive, tailor-made packages at The Spa at art'otel London Hoxton. Indulge in luxurious treatments and savour exquisite canapés, accompanied by Prosecco - all in a serene setting reserved just for you. Perfect for any special occasion, our bespoke offerings ensure an unforgettable escape for you and your guests.

Our group experiences are available:

Monday - Saturday 10am-1pm

Mon-Wed **£190pp**

Thurs-Sat **£220pp**



Our exclusive 3-hour packages for 12 guests or more include:

Access to the treatment rooms.

A selection of canapés, 1 glass of Prosecco per person **plus** 1 cocktail, mocktail **or** soft drink per person.

A 30-minute treatment per person, including facials, massages and LED treatments.

For complete exclusivity, contact us about full hire of the pool, sauna and steam room.



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